

# Walking in the Way

Psalm 119



# Walking In The Spirit

<sup>16</sup> ...walk in the Spirit, and not gratify the desires of the sinful nature”

**Galatians 5:16**

- This is the ideal – the goal of every believer
- But how do we do this?
- How are we to do this when we are continually wrestling against the world, the flesh and the devil?

# Psalm 119

אשרי תמימי-דרך ההלכים בתורת יהוה :

- 1 Blessed are the undefiled in the way, who walk in the law of the Lord.
- 2 Blessed are they that keep his testimonies, and that seek him with the whole heart.

**Psalm119:1-2**

אחזק בישור לבב בלמודי משפטי צדקן :

את-חקיך אשמר אל-תעזבני עד-מאד :

# Psalm 119

אשרי תמימי-דרך ההלכים בתורת יהוה :

- 3 They also do no iniquity: they walk in his ways.  
4 Thou hast commanded us to keep thy precepts diligently.

**Psalm119:3-4**

אודך בישר לבב בלמדי משפטי צדקך :  
את-חקיך אשמר אל-תעזבני עד-מאד :

# Psalm 119

Psalm 119  
Aleph

אשרי תמימי-דרך ההלכים בתורת יהוה :

- 5 O that my ways were directed to keep thy statutes!
- 6 Then shall I not be ashamed, when I have respect unto all thy commandments.

**Psalm 119:5-6**

אודך בישר לבב בלמדי משפטי צדקך :

את-חקיך אשמר אל-תעזבני עד-מאד :

# Psalm 119

Psalm 119  
Aleph

אשרי תמימי-דרך ההלכים בתורת יהוה :

7 I will praise thee with uprightness of heart, when I shall have learned thy righteous judgments.

8 I will keep thy statutes: O forsake me not utterly.

**Psalm119:7-8**

אודך בישר לבב בלמדי משפטי צדקד :

את-חקיך אשמר אל-תעזבני עד-מאד :

# Psalm 119 – Walking in the Way

- Psalm 119: “*an utterance of spiritual life*” - Spurgeon
- It begins by stating the objective & goal of a follower of Christ; namely, to be conformed to His likeness
- ...but then goes on to travel with us through life’s journey, through the ups and downs, the moments of rejoicing and the times of failure and doubt.
- This Psalm comes from a heart that wants to see you be victorious, to truly walk by faith and not by sight.

# Psalm 119 – Walking in the Way

- This Psalm is here to help you walk the walk, but not by giving you some well-worn clichés, patting you on the back and saying ‘now, off you go!’
- Jesus said the Christian life should be a joyful experience; the ‘burden’ of following Him should not be heavy!
- But for many, we more readily identify with the struggle Paul speaks of in Romans 7.
- You know you want to ‘live the life’, but doing it is another thing!



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# Psalm 119 – Walking in the Way

- Every Psalm is special in its own way, but Psalm 119 stands out as a priceless gem just waiting to be picked up and cherished.
- It is the longest Psalm and considered the longest chapter in the Bible, but far from being laborious and repetitive, it is alive and full of vitality.

**119** BLESSED are they that walk in the way, who walk in the law of the LORD.  
2 Blessed are they that keep his

(of  
ses): vv.  
76; Isa.  
(Ex. 19:  
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40:24; Ex. 17:6, note; 1 Pet. 2:8, note. Ps. 118 looks  
exaltation in the kingdom (v. 22).  
contain a testimony to Christ,  
from the Psalter point  
and prophetic

# Psalm 119 – Walking in the Way

- This Psalm was intended to be memorised and used as an aid to learning.
- Whereas we have a simple rhyme to learn our alphabet, Hebrew children would learn their alphabet by memorising this Psalm.
- The first eight verses begin with the first letter of the Hebrew alphabet א 'Aleph'; the next eight verses with the second letter ב 'Beth', and so on
  - this is where we get the word 'Alpha-Bet'.
- God has intentionally designed this Psalm to be committed to memory.

# Psalm 119 – Walking in the Way

- Bible commentator Matthew Henry said that his dad, Philip Henry, “*advised us to take a verse of this Psalm every morning to meditate upon, and so go over the Psalm twice in the year; and that, saith he, will bring you to be in love with all the rest of the Scriptures.*” He often said, “*All grace grows as love to the word of God grows.*”

119

Blessed are they that keep his law of the LORD, who walk in the way, who

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# Psalm 119 – Walking in the Way

- There is a familiarity about this Psalm; it's as if you've been here before.
- It's like your favourite old armchair, it invites you to come and sit for a while and get things into perspective.

*In praise of God's word*  
\* 3A'LEPH  
**119** BLESSED are the undefiled in the way, who walk in the law of the LORD.  
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# God's Revelation

- Law
- Testimonies
- Precepts
- Statutes
- Commandments
- Judgments
- Word
- Way



# Law - תּוֹרָה *Torah*

- In the Hebrew this comes from a verb meaning to direct or to guide.
- This is principally what the Law does.
- It gives instruction for our protection and safety, to keep us from danger.



# Testimonies - עֵדָה *Edah*

- Meaning to bear witness.
- This speaks of the things God has testified of, has born witness to as being true.
- God is outside time, and bears witness as to the right way.
- Because He can see the end from the beginning, He sees the end of every way we can choose, i.e. where it will lead to, so gives us the benefit of His wisdom.

# Precepts - פְּקוּדִים *Piqquwd*

- This comes from a word which means to place in trust.
- God has given us his truth and expects us to respect it.
- He has placed heavenly wisdom in trust with us - we are custodians of this life-giving knowledge.
- This Hebrew word only occurs in this Psalm, and we find it here 21x
  - 3 x 7 – three numerically speaks of Divine, seven denotes complete.
  - Thus, in this Psalm we have complete divine wisdom – given to you and I, to act as custodians.

# Statutes - חֻקִּים *Choq*

- The verb from which this word is formed means to engrave or inscribe.
- The word means a definite, prescribed written law.
- Spurgeon says this means *“that moral law of God which is engraven on the fleshly tables of the heart; the innermost and spiritual apprehension of His will”*.

# Commandments - מצְוָה *Mitsvah*

- From a verb meaning to command or ordain.
- Not only has God written His law on our hearts, He has actually commanded us to keep it.
- The Creator God does not sit passively by and let us fumble through life, making up our own rules.
- He has given definite instructions that we are obligated, as His creation, to obey.
- To refuse to obey is sin and stems from pride, choosing our own way over His as we see so tragically demonstrated in the Garden of Eden.

# Judgments - מִשְׁפָּט *Mishpat*

- Signifying to govern, judge or determine.
- God as Judge of all has decreed, His subjects are duty bound (but not compelled) to follow.
- All His judgments are right and true.
- There is nothing unjust or tyrannical about God's judgments.
- All stem from a heart of Love.

# Word - דָּבָר *Dabar*

- Connotatively (in a general sense) this embraces all of God's revelation to man, given for our learning and instruction, 'that the man of God may be perfect and complete, lacking nothing'.
- Denotatively it has to do with specific utterances that come from the mouth of God.
  - When this occurs in the Psalm the context indicates the way it is being used.
- Either way it reveals a God who has condescend to speak to His creation!

# Way - דֶּרֶךְ (Derek)

- This occurs only twice in this Psalm and denotes a specific path we are encouraged and invited to follow (v1 & v37).
- It highlights that which Proverbs 16:25 tells us, that “there is a way which seems right to a man, but the end thereof are the ways of death”.
- It also underlines that there is a way (singular) not a multitude of various options.
- There is only One Way to God through the death and shed blood of His Son.
- Jesus said that He was ‘The Way’, not ‘a way’.

# Biblical Numerology

- By numerology we mean the study of numbers and the way they are used in the Bible.
- Almost all occasions numbers are used in the Bible they have greater significance than just the surface application.
- We see this not just in the 'surface' numbers, but also the frequency of words used in a verse or passage



# Biblical Numerology

- 1# Unity
  - the nature of God
- 2# Witness
  - 2 witnesses, law/prophets
- 3# Divine
  - Trinity 'Holy Holy Holy'
- 4# Earth/This World
  - NSWE / seasons
- 5# Grace
  - 5 Sparrows / Benjamin x5
- 6# Man
  - Created 6th day /
- 7# Complete
  - Week/Rainbow/Churches
- 8# New Beginnings
  - new octave / 8 on Ark

In the beginning God created the heaven and the earth

.יְרַח תַּאֲלֹמֶיחַ תַּא אֲיְהִי אֲרֵב תִּיְוַרֵב

Genesis 1:1

- 7 words
- 28 Hebrew letters
- 28 = 4x7 (Earth + Complete)

# God's Revelation as seen in Psalm 119

- Law –  $25x = 5 \times 5$  'Grace<sup>2</sup>'
- Testimonies –  $14x = 7 \times 2$  'Complete Witness'
- Precepts –  $21x = 3 \times 7$  'Divine/Complete'
- Statutes –  $21x = 3 \times 7$  'Divine/Complete'
- Commandments –  $21x = 3 \times 7$  'Divine/Complete'
- Judgments –  $21x = 3 \times 7$  'Divine/Complete'
- Word –  $21x = 3 \times 7$  'Divine/Complete'
- Way

# God's Revelation as seen in Psalm 119

- Law – 25x = 5x5 'Grace<sup>2</sup>'
- Testimonies – 14x = 7x2 'Complete Witness'
- Precepts – 21x = 3x7 'Divine/Complete'
- Statutes – 21x = 3x7 'Divine/Complete'
- Commandments – 21x = 3x7 'Divine/Complete'
- Judgments – 21x = 3x7 'Divine/Complete'
- Word (*Dabar*) – 21x = 3x7 'Divine/Complete'
- Word (*Imra*) – 18x = 3x6 'Divine/Man  
'The Word became Flesh!'
- Way – 8x 'New Beginnings'

# God's Revelation as seen in Psalm 119

- Law – 25x = 5x5 'Grace<sup>2</sup>'
- God though His Grace has born witness and given a complete revelation of all we need to Walk in the Way.
- The Word became Flesh so that we can have a new beginning.
- Word (*Imra*) – 18x = 3x6 'Divine/Man' 'The Word became Flesh!'
- Way – 8x 'New Beginnings'

# Psalm 119 – A Personal Challenge!

- As a practical challenge, I encourage you to take just one verse of this Psalm each day (start today!), and meditate on it throughout that day.
  - 1. Start at breakfast,
  - 2. then remind yourself mid-morning of the verse.
  - 3. Then again at lunchtime,
  - 4. then in the afternoon,
  - 5. then as you sit to eat your evening meal,
  - 6. then in the evening,
  - 7. and finally when you go to bed
    - (see Psalm 119:164).
- The next day move onto the next verse.

# Psalm 119 – A Personal Challenge!

- You will be amazed at what the Holy Spirit will show you, about your life, your walk, His goodness, His grace and patience, and the reality that He is able to make us stand! (Romans 14:4).
- If you do this and meditate on His Word each day, even just one verse, you will soon be surprised how the things of this world will grow strangely dim and lose their appeal, in the light of His glory and grace!

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